Education 479-4

# Designs for Learning: Physical Education

### Elementary/P.E. Minors

SPRING, 1986 INSTRUCTOR: DR. Glenn Kirchner

Tuesdays 4:30 - 8:30 LOCATION: MPX 7541

#### COURSE DESCRIPTION:

Emphasis in this course will be devoted to the teaching strategies that are used to teach physical activities to children in the primary and intermediate grades. The course will include such topics as curriculum design, unit and theme preparation, teaching strategies and techniques. This course will also include practical sessions in a wide variety of activities that are taught in the elementary school physical education program.

### TOPICS:

- 1. curriculum design
- 2. teaching strategies
- 3. fitness and posture
- 4. active health
- 5. integrating physical education with other subjects
- 6. intramural and extra class programs
- 7. teaching game activities
- 8. teaching dance activities
- 9. teaching gymnastics activities

## TEXTBOOK:

Kirchner, Glenn. <u>Physical Education for Elementary School</u> Children. (6th edition) 1985. (required text)

Kirchner, Glenn. <u>Sequential Unit. Theme. and Lesson Plans</u> for Elementary School Physical Education Programs W.M.C. Brown Co. (recommended text)